

**GOD - Complete ONE from Achievements 1 thru 2**

TARGET: DEC '09

**1. Ways We Worship (do all)**

a.	CC Faith - Know	Home	
	CC Faith - Commit	Home	
	CC Faith - Practice	Home	
b.	List of religious things you do	Home	

**2. Emblems of Faith (do all)**

a.	Earn your emblem of faith	Home	
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**COUNTRY - Complete THREE from Achievements 3 thru 7**

TARGET: DEC '09

**3. What Makes America Special? (do 3a & 3j plus any two)**

a.	What makes America special?	Den	1/14/10
b.	Tell of two famous Americans	Den	1/14/10
c.	Find out about two old homes		
d.	Visit historical place		
e.	Favorite state facts	Den	1/14/10
f.	Flag ceremony color guard		
g.	Display the US flag		
h.	Learn about outdoor flag ceremo		
i.	Outdoor flag ceremony		
j.	CC Citizenship - Know	Den	1/14/10
	CC Citizenship - Commit	Den	1/14/10
	CC Citizenship - Practice	Den	1/14/10

**4. Tall Tales (do all)**

a.	Tell what folklore is, play game	Den	8/24/09
b.	Name five folklore stories	Den	8/24/09
c.	Read 2 folklore stories, tell story	Den	8/24/09

**5. Sharing Your World with Wildlife (do any four)**

a.	Make a poster of a bird or animal	Home	
b.	Build a feeder/house & hang it	Home	
c.	Wildlife conservation officer	Home	
d.	Visit zoo/preserve etc.	Home	
e.	Name an extinct animal	Den	10/5/09

**FAMILY - Complete FOUR from Achievements 8 thru 13**

TARGET: JAN '10

**8. The Past is Exciting & Important (do 8g plus any two from 8a**

a.	Visit library or newspaper office	Field Trip	Jan-Feb
b.	Interview old cub scout	Pack	
c.	Start a den or pack scrapbook	Home	
d.	Family history or family tree	Home	1/4/10
e.	Community history	Home	
f.	Two week personal journal	Home	
g.	CC Respect - Know	Den	1/4/10
	CC Respect - Commit	Den	1/4/10
	CC Respect - Practice	Den	1/4/10

**9. What's Cooking? (do any four)**

a.	Bake Cookies	Home	
b.	Make Snacks	Home	
c.	Prepare part of your meals	Home	
d.	List of junk food	Home	
e.	Make trail food for a hike	Home	
f.	Make a dessert for your family	Home	
g.	Cook something outdoors	Home	

**10. Family Fun (do all)**

a.	Go on a day trip or evening out	Home	
b.	Family fun night	Home	

**6. Take Care of Your Planet (do any three)**

a.	Save 5 pounds of aluminum	Home	
b.	Plant a tree	Home	
c.	Find out what happens to trash	Home	
d.	Water usage	Home	
e.	Types of energy at home	Home	
f.	Family's use of electricity	Home	
g.	Clean-up project		

**7. Law Enforcement is a Big Job (do all)**

a.	Practice making prints & casts	Den	11/02/09
b.	Talk to a Law Enforcement Offic	Den	11/02/09
c.	Crime prevention at home	Home	11/02/09
d.	Know where to get help	Home	11/02/09
e.	Emergency numbers	Home	11/02/09
f.	Know how to help police	Den	11/02/09

**11. Be Ready (do 11a thru 11e plus 11g)**

a.	Accident in the home	Den	9/28/09
b.	Water accident	Den	9/28/09
c.	School bus accident	Den	9/28/09
d.	Car accident	Den	9/28/09
e.	Plan home escape routes	Home	9/28/09
f.	Have a health checkup	Home	
g.	CC Courage - Know	Den	9/28/09
	CC Courage - Commit	Den	9/28/09
	CC Courage - Practice	Den	9/28/09

**12. Family Outdoor Adventures (do any three)**

a.	Go camping with your family	Camp	17-Oct-09
b.	Go on a hike with your family	Camp	17-Oct-09
c.	Have a picnic with your family	Home	
d.	Outdoor event with your family	Camp	17-Oct-09
e.	Plan an outdoor family day	Home	

**13. Saving Well, Spending Well (do any four)**

a.	Go grocery shopping	Home	
b.	Set up a savings account	Home	
c.	Record spending for two weeks	Home	
d.	Pretend shopping for a car	Home	
e.	Discuss family finances	Home	
f.	Board game	Home	
g.	Meal cost per person	Home	

**14. Ride Right (do 14a plus any three of 14b th**

a.	Rules for bike safety	Bike Rod	9/26/09
b.	Ride bike through winding course	Bike Rod	9/26/09
c.	Bike safety inspection	Bike Rod	9/26/09
d.	Change a bike tire		
e.	Protect your bike from theft		
f.	Ride your bike for one mile	Bike Rod	9/26/09
g.	Plan and take a family bike hike	Bike Hik	10/24/09

**15. Games, Games, Games! (do any t**

			8/10/09
a.	Play two outdoor games	Den	8/24/09
b.	Play two organized games	Den	9/21/09
c.	Select a game & explain rules		

**16. Building Muscles (do all)**

a.	Do physical fitness exercises	Den	Spring
b.	Compete in 6 2-person contests	Den	Spring
c.	Compete in relay races	Den	Spring

**17. Information, Please (do 17a plus any three of 17b thru 17f)**

a.	Watch TV	Home	
b.	Play a game of charades	Den	
c.	Visit a newspaper, etc.		
d.	Get info from computer, write report		
e.	Write a letter and send or e-mail	Home	
f.	Getting and giving facts & job		

**18. Jot It Down (do 18h plus any four of 18a thru 18g)**

a.	List of things to do today	Home	12/7/09
b.	Two letters to relatives	Home	12/7/09
c.	Record activities for 2 weeks		
d.	Write an invitation		
e.	Write a thank you note	Home	12/7/09
f.	Write a personal story	Home	12/7/09
g.	Write about den activities	Home	12/7/09
h.	CC Honesty - Know	Den	12/7/09
	CC Honesty - Commit	Den	12/7/09
	CC Honesty - Practice	Den	12/7/09

**19. Shavings and Chips (do all)**

a.	Safety rules for handling a knife	Camp	10/17/09
b.	Care and use of pocketknife	Camp	10/17/09
c.	Make a carving	Camp	10/17/09
d.	Earn the Whittlin' Chip card	Camp	10/17/09

**20. Sawdust and Nails (do all)**

a.	Use & care of 4 tools		
b.	Build your own tool box		
c.	Use two tools to fix something		

**21. Build a Model (do 21g plus any two of 21a thru 21f)**

a.	Build a model	Home	Jan
b.	Build a display for your model		
c.	Change furniture layout		
d.	Model of mountain, meadow, etc.		
e.	Model of a building		
f.	Make a model of rocket, boat, etc.		
g.	CC Resource - Know	Den	12/7/09
	CC Resource - Commit	Den	12/7/09
	CC Resource - Practice	Den	12/7/09

**22. Tying It All Up (do any five)**

a.	Whip ends of rope	Den	11/9/09
b.	Tie knots & tell uses	Den	11/9/09
c.	Avoid rope tangling	Den	11/9/09
d.	Coil a rope, & throw it accurately	Den	11/9/09
e.	Learn a magic rope trick	Den	11/9/09
f.	Make your own rope		

**23. Sports, Sports, Sports (do all)**

a.	Learn rules of 3 team sports	Den	Spring
b.	Learn rules of 2 one-person sports	Den	Spring
c.	Play 1 team & 1 individual sport	Den	Spring
d.	Watch a sport on TV	Home	
e.	Attend a sporting event	Home	

**24. Be a Leader (do 24f plus any two of 24a thru 24e)**

	Help a boy join scouts or earn		
a.	Bobcat	Den	8/24/09
b.	Serve as a denner		
c.	Plan a den activity	Den	Feb - Apr
d.	Tell 2 people good job	Den	12/14/09
e.	Leadership choices		12/14/09
f.	CC Compassion - Know	Den	12/14/09
	CC Compassion - Commit	Den	12/14/09
	CC Compassion - Practice	Den	12/14/09

Check for updates at  
<http://www.pack168.org/dens/Den1-Bear/BearHome.htm>

Click on 2009-10 Program